

January, 2018

Volume 5, Issue 5



## January Newsletter



Member 2013-18

### Our GCC Children's December Performance



#### Director's Corner



Happy New Year to all and the best of 2018 to all our GCC family and friends. Thank you for the wonderful gifts, goodies and cards that staff received. We are so thankful for the wonderful children and families that are a part of our GCC family.

Now that the holidays are over and there is some calmness at home we encourage you to spend time reading and talking to your child/children. Looking at books and reading to your children will help them learn about words, how they sound, how words become sentences and builds your child's knowledge of language. Reading to your children, starting at an early age, will make your child feel special and loved while developing the love of books.

Your child will be continually learning new words to describe people, objects and feelings. Learning about letters and words are the building blocks of reading and writing. Pretending to read is among the first steps to learning to read.

Family time is so precious, so take time to talk to your children, listen to what they have to say and start them on the road to learning through books.

#### Chapel theme for January is: The Story of Noah

Last month the children listened to the wonderful story of the first Christmas as found in Luke chapter 2. We sang several songs that reminded us of that first Christmas day. But we shined like stars as we sang the Christmas songs we learned in chapel for the Sunday morning service. Thank you, parents for making it all possible.

Chapel is held on alternating Tuesday and Wednesday mornings 8:45-9:15. The first chapel of the new year will start on Tuesday, January 9th in the Sanctuary. Parents are always welcome to attend.

The chapel theme for the month of January will be: The Story of Noah. The Bible verse is "Let heaven and earth praise Him." Psalm 69:34

*"Train your children right from wrong, and when they are grown they will do right." Proverbs 22:6*  
(C. E. V.)

#### Calendar

1/2	Tuition Due
1/2	School Resumes
1/15	School Closed Martin Luther King Holiday
1/25&26	Pajama Day

## Handbook Policies and Procedures

Parent Handbook page 13. "Children who are sick."

### Health

The state of California requires that only healthy children are in attendance. Please keep your child home if he/she:

- Has had a fever within the last 24 hours
- Has vomited in the last 24 hours
- Is taking an antibiotic and has not been on the antibiotic for more than 24 hours
- Has diarrhea
- Has eye discharge or crust (a child with conjunctivitis must stay out of school for 24 hours after the prescription of medication and until all redness and discharge are gone)
- Has a constant cough or runny nose
- Has a rash unless the doctor approves in writing the child returning to school
- Is fussy, cranky, whiney or not acting like himself/herself
- Has head lice, ringworm or impetigo
- Has symptoms of a communicable disease (sore throat, sniffles, red eyes, head or abdominal ache and/or fever)

Children who are ill cannot remain in the classroom and must be picked up immediately at the office. Please call the office if your child is unable to attend due to health reasons. If your child is feeling extremely fatigued you should keep them home to give them rest as they may have the onset of an illness and may be contagious. Furthermore, your child needs to stay home for a period of twenty four hours after the fever, diarrhea and/or vomiting is gone without the aid of fever-reducing medicine or any other symptom controlling medicine and/or antibiotics.

If your child is sent home from preschool for any health related concern he/she must stay home for the 24 hour period.

If your child becomes ill at the Center and you are called we ask that you come within an hour to pick up your child. If your child appears ill at the time of drop off you will be asked to take your child home and wait 24 hours to return to the Center.

Every effort is made to keep you informed of any exposure to contagious illnesses. *Exposure Notices* are posted in the affected classrooms for the incubation period of the illness. The *Exposure Notices* let you know the symptoms of the illness, it's general course, steps the teachers will take and the steps you can take at home. In addition, any additional guidelines required to return to class are listed.

## Dr. Brett Patterson Leads Workshop on Behavior Strategies

Brett Patterson, PhD, is a Clinical Psychologist with over 23 years of experience working with challenging behaviors of adults and children. As the Director of *Child Behavior Pathways (CBP)* and a private practice clinician in Orange County, Dr. Patterson has been providing behavioral support services to families, schools and individuals since 2002.

The workshop is for parents and teachers, titled: **Heading Difficult Behaviors Off At The Pass: An Introduction To Proactive Intervention Principles**

This two hour workshop introduces effective, prevention-based techniques designed to decrease behavioral problems. Topics include:

- Managing frustration and anger
- Recognizing triggers that may cause challenging behaviors
- Using healthy relationships to manage behavior
- Establishing positive reinforcement systems and classroom structure as first-line intervention strategies

This workshop will be held: Thursday, January 18, 2018, 6pm to 8pm at Lutheran Church of the Cross Fellowship Hall, 24231 El Toro Rd, Laguna Woods, CA 92637

Reservations are required and may be obtained by calling 949 267-0200 or visit their Facebook Page: Child Behavior Pathways.

GCC highly recommends this workshop for those seeking information about child behavior.



Christmas  
Holiday  
Parties...  
delicious!

